

NEWSLETTER

Mar 2026

Lajna ima,illah Finland

Volume 8 Issue 19

عَنْ ابْنِ عَبَّاسٍ، عَنِ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ " مَنْ سَتَرَ عَوْرَةَ أَخِيهِ الْمُسْلِمِ سَتَرَ اللَّهُ عَوْرَتَهُ يَوْمَ الْقِيَامَةِ وَمَنْ كَشَفَ عَوْرَةَ أَخِيهِ الْمُسْلِمِ كَشَفَ اللَّهُ عَوْرَتَهُ حَتَّى يَفْضَحَهُ بِهَا فِي بَيْتِهِ

حضرت ابن عباس رضی اللہ عنہما بیان کرتے ہیں کہ نبی اکرم صلی اللہ علیہ وسلم نے فرمایا: جو اپنے مسلمان بھائی کی پردہ پوشی کرے گا، قیامت کے روز اللہ تعالیٰ اس کی پردہ پوشی فرمائے گا اور جو اپنے مسلمان بھائی کا کوئی عیب فاش کرے گا اللہ تعالیٰ اس کا عیب فاش کرے گا یہاں تک کہ وہ اُسے اُس کے گھر میں بھی رسوا کرے گا۔

It was narrated from Ibn `Abbas that the Prophet (SAW) said "Whoever conceals the (hidden) fault of his Muslim brother, Allah (SWT) will conceal his faults on the Day of Resurrection. Whoever exposes the fault of his Muslim brother, Allah will expose his faults, until (so that) He shames him, due to it, in his (own) house".

(سنن ابن ماجہ کتاب الحدود باب الستہ علی المؤمن ... الخ حدیث ۲۵۴۶)

يَا أَيُّهَا الَّذِينَ آمَنُوا اجْتَنِبُوا كَثِيرًا مِّنَ الظَّنِّ إِنَّ بَعْضَ الظَّنِّ إِثْمٌ وَلَا تَجَسَّسُوا وَلَا يَغْتَب بَّعْضُكُم بَعْضًا أَيُحِبُّ أَحَدُكُمْ أَنْ يَأْكُلَ لَحْمَ أَخِيهِ مَيْتًا فَكَرِهْتُمُوهُ وَاتَّقُوا اللَّهَ إِنَّ اللَّهَ تَوَّابٌ رَّحِيمٌ ﴿۳۱﴾

اے لوگو جو ایمان لائے ہو! ظن سے بکثرت اجتناب کیا کرو۔ یقیناً بعض ظن گناہ ہوتے ہیں۔ اور تجسس نہ کیا کرو۔ اور تم میں سے کوئی کسی دوسرے کی غیبت نہ کرے۔ کیا تم میں سے کوئی یہ پسند کرتا ہے کہ اپنے مردہ بھائی کا گوشت کھائے؟ پس تم اس سے سخت کراہت کرتے ہو۔ اور اللہ کا تقویٰ اختیار کرو۔ یقیناً اللہ بہت توبہ قبول کرنے والا (اور) بار بار رحم کرنے والا ہے۔

O ye who believe! avoid most of suspicions; for suspicion in some cases is a sin. And spy not, nor back-bite one another. Would any of you like to eat the flesh of his brother who is dead? Certainly you would loathe it. And fear Allah, surely, Allah is Oft-Returning with compassion and is Merciful.

Al Hujurat verse 13

ارشاد حضرت خلیفۃ المسیح الخامس ایدہ اللہ تعالیٰ بنصرہ العزیز

اللہ تعالیٰ ستاری کو کتنا پسند کرتا ہے اور ستاری کرنے والے کو کس قدر نوازتا ہے۔ اس بارے میں آنحضرت صلی اللہ علیہ وسلم نے ایک موقع پر فرمایا کہ مسلمان مسلمان کا بھائی ہے۔ وہ اس پر ظلم نہیں کرتا اور نہ اسے یکاوتہا چھوڑتا ہے۔ مسلمانوں کی یہ کس قدر بد قسمتی ہے کہ آجکل ہم دیکھتے ہیں کہ سب سے زیادہ مسلمان ہیں جو مسلمانوں پر ظلم کر رہے ہیں۔ ایک دوسرے کی گردنیں کاٹ رہے ہیں اور کوئی نہیں جو آنحضرت صلی اللہ علیہ وسلم کے اس ارشاد پر توجہ دے۔ بہر حال پھر آپ نے آگے یہ بھی فرمایا کہ جو شخص اپنے بھائی کی حاجت روائی میں لگا رہتا ہے اللہ تعالیٰ اس کی حاجات پوری کرتا ہے اور جس نے کسی مسلمان کی تکلیف دہ دور کی اللہ تعالیٰ قیامت کے دن مصائب میں سے اس کی ایک مصیبت کم کر دے گا اور جو کسی مسلمان کی ستاری کرتا ہے اللہ تعالیٰ قیامت کے روز اس کی ستاری فرمائے گا۔ کریں تو اللہ تعالیٰ کے فضلوں کی بارش بھی نازل ہوتے دیکھیں۔

Report: Trip to UK

Lajna Imaillah & Nasirat-ul-Ahmadiyya Finland

By the grace of Allah Almighty, Sadr Sahiba Lajna Imaillah Finland requested a mulaqaat with Beloved Huzoor, which was graciously approved for 28th March 2026. This blessed opportunity enabled Lajna and Nasirat from Finland to travel to the UK and benefit spiritually through meetings, prayers, and guidance

Pre-Trip Planning & Arrangements

Extensive planning was carried out to ensure smooth execution of the trip. Sabiha Rehman Sahiba played a key role in planning and managing the trip, including pre-planning and sharing all necessary information with participants

A WhatsApp group was created including all participants to share timely updates and important information. Invitation letters were requested from Markaz for Lajna and Nasirat requiring visas. During the National Amila meeting, several key decisions were made. Special scarves for Mulaqat for all participants to maintain unity and identity. Sadia Shehzad Sahiba was responsible for ordering the scarves for both Lajna and Nasirat

Two suitable flight options were shared to coordinate group travel and facilitate collective airport pick-up and drop-off. Accommodation was arranged at Baitul Futuh. Sadr Sahiba consulted members regarding a gift for Beloved Huzoor; it was finalized that a monetary gift (cash) would be presented through contributions from Lajna members. Additionally, a gift was also bought for Appa Jan

A question submission form was circulated among participants to gather questions for the mulaqaat. A special preparatory meeting was held for all travelers, where detailed guidance about the trip was provided. Instructions were explained and later shared via WhatsApp

The journey commenced as scheduled. Sadr Sahiba appointed Rehana Kokab Sahiba as the head of the travel group to ensure coordination and smooth management. Sibgha-tul-Noor Sahiba and Zunerah Zunash Sahiba also assisted in managing and supporting throughout the journey.

Day 1 – Thursday (Arrival)

The journey commenced as scheduled, and upon arrival, the group proceeded directly to Baitul Futuh. Lunch was served at Ziafat. After offering prayers, a guided tour of Baitul Futuh Mosque was arranged. Participants then visited the exhibition “Makhzan-e-Tasaweer”. A meeting of National Amila members was held with the Head of the Lajna section. In the evening, National Sadr Sahiba UK, along with some Amila members, joined the group for dinner. A meaningful and productive discussion took place during this gathering.

Day 2 – Friday

After breakfast, the group traveled to Islamabad (Tilford). Prayers were offered at the blessed graves of Hazrat Khalifatul Masih IV and his respected wife (Appa Jan). Jumma prayers were offered behind Beloved Huzoor. Lunch was arranged at the site. In the evening: A visit was made to Mubarak Mosque. Prayers were again offered behind Huzoor-e-Anwar. A practice session was conducted for Lajna members in preparation for the upcoming mulaqaat.

Day 3 – Saturday (Day of Mulaqaat)

After Fajr prayers and breakfast, the group proceeded to Islamabad. Participants were taken to the MTA Studio, where final instructions were given: Maintain complete silence while Huzoor is speaking, Seating arrangement:
Front rows: Sadr Sahiba and National Amila
Followed by other Lajna members
Nasirat were given priority to ask questions first
Participants were advised not to turn back unnecessarily
Translation facilities were available for English-speaking participants

The mulaqaat with Huzoor-e-Anwar lasted approximately 40 minutes. A total of 12 questions were presented. The meeting was a deeply spiritual, memorable, and blessed experience. Following the mulaqaat: Zuhr and Asr prayers were offered behind Huzoor. In the evening a meeting session with Appa Jan was held.

Conclusion

Participants benefited from: Spiritual upliftment through prayers behind Beloved Huzoor. Direct guidance during the mulaqaat Strengthened unity among Lajna and Nasirat. By the grace of Allah Almighty, the objectives of the trip were successfully achieved. The mulaqaat with Beloved Huzoor and the guidance received will continue to inspire participants in their personal lives and Jamaat responsibilities. May Allah reward all those Lajna who worked hard to make this trip successful with the best of rewards and bless all participants. Ameen, Sum Ameen. The reports for this trip were compiled and prepared by Munazza Zafar Sahiba. Additionally Nida ur Rehman sahiba made a special video of this whole trip which was broadcasted on youtube channel : [Lajna & Nasirat Finland](#)

Delegation of Lajna Ima'illah & Nasiratul Ahmadiyya Finland

On the 28th of March, Lajna and Nasiratul Ahmadiyya were blessed with the opportunity of a mulaqat with our beloved Huzoor (aba). This was a deeply spiritual and memorable occasion for all those present

At the beginning of the mulaqat, when Huzoor (aba) arrived, the session commenced with each attendee being given the opportunity to introduce themselves. This created a warm and personal atmosphere, allowing Huzoor (aba) to connect with everyone present

Following the introductions, a question-and-answer session took place in which attendees were able to seek guidance on various religious, educational, and personal matters. Huzoor (aba) replied to each question in detail, with great love and wisdom, providing clear and practical guidance for everyday life

:Question 1

A Nasirah mentioned that her parents do not permit her to use social media or messaging apps and also advise her not to listen to music

Huzoor (may Allah be his Helper) explained that her parents are doing the right thing. He stated that even governments in various countries have begun placing restrictions on children's screen time and access to social media, highlighting its potential harms

He advised that listening to music and excessive chatting on platforms like WhatsApp can often be a waste of time. Instead, he encouraged engaging in beneficial activities, such as watching educational and moral programmes on MTA, including children's shows and documentaries

Huzoor (may Allah be his Helper) further advised to develop good habits such as reading books, reciting the Holy Qur'an, and offering the five daily prayers. By filling one's time with such meaningful activities, one would naturally have no time for unproductive habits

He emphasized that rather than following friends, one should strive to become an exemplary role model for them. He reassured the Nasirah that her parents' guidance is for her own benefit and should be followed with trust and obedience

Another Nasirah asked why it is necessary to recite the Holy Qur'an daily and what benefits it brings

Huzoor (may Allah be his Helper) explained that the Holy Qur'an is the Word of Allah the Almighty, revealed to the Holy Prophet (sa). Allah has instructed believers to recite it and has promised blessings and grace in return. Through its recitation, a person is guided towards good deeds and protected from evil

He explained that even children who do not yet understand its meaning still receive .blessings from its recitation, as Allah protects them and purifies them through it years old), Huzoor (may Allah be ۹ Upon asking the age of the Nasirah (who replied she was his Helper) advised her to gradually begin learning the translation. He specifically recommended starting with Surah Al-Fatihah and then learning the meanings of the last three chapters of the Holy Qur'an. He explained that these chapters contain important guidance about right and wrong. The Holy Qur'an teaches what actions are good and lead to reward, and which actions are wrong and lead to punishment. As a person grows older, they should continue to deepen their understanding by learning the translation, enabling them to fully benefit from its teachings. Huzoor (may Allah be his Helper) also reminded her that she already recites Surah Al-Fatihah daily in her prayers, and by learning its meaning, she will .come to understand the many blessings contained within it

:Question 3

A Nasirah shared that she wears a long shirt and scarf at school, but her classmates make fun of her and avoid her because of her clothing. She asked what she should do in such a .situation

Huzoor (may Allah be his Helper) gently asked her age (she replied she was 9) and inquired about her school uniform. When she explained there was no uniform, Huzoor (may Allah be his Helper) advised her to adopt a modest yet practical form of dress that would also help her feel comfortable among her peers. He suggested wearing a shirt that reaches the knees along with tights or trousers, explaining that such attire would be appropriate and less likely to attract unnecessary attention. He reassured her that this would still fulfil the requirements of modesty. Huzoor (may Allah be his Helper) emphasized that she should not develop any inferiority complex. Instead, she should confidently explain to others that this is her personal choice and part of her values. She can tell her classmates that just as they wear what they like, she also chooses to dress in a way she prefers, and that no one has forced her to do so He further advised her to remain confident, ignore hurtful comments, and even laugh them off when appropriate. He encouraged her to build friendships with kind and good-hearted .classmates, as not everyone behaves negatively, and good friends will support her Huzoor (may Allah be his Helper) reminded her that as an Ahmadi Muslim, she should remain strong in her faith, trust in Allah the Almighty, and take pride in practising what is right. He reassured her that she should not be afraid of others and should always act for the .sake of Allah's pleasure

:Question 4

.A Nasirah asked how the Holy Qur'an was arranged in its current order

Huzoor (may Allah be his Helper) explained that the arrangement of the Holy Qur'an was (guided by Allah the Almighty. In whatever manner Allah instructed, the Holy Prophet (sa arranged the verses and chapters accordingly

:Question 5

A Nasirah asked whether it is permissible to draw sketches of living things or cartoon .characters

Huzoor (may Allah be his Helper) explained that one should avoid drawing images of humans, as it is difficult to depict them accurately. He illustrated this by saying that if one draws a friend and the drawing does not resemble them properly, it could lead to displeasure or conflict. He further explained that this is one of the reasons why such drawings are discouraged. However, he clarified that taking photographs is permissible, as a camera captures details accurately. Huzoor (may Allah be his Helper) stated that drawing animals, scenery, and other ,non-human subjects is allowed. For example, one may draw animals such as lions elephants, or cheetahs, as well as landscapes. He also mentioned that if someone draws an imaginary character, they should do so appropriately. He concluded by advising that it is best to avoid drawing real people and instead focus on permissible forms of creativity

:Question 6

.A Nasirah asked whether girls can become pilots

Huzoor (may Allah be his Helper) replied that personally, he does not prefer this profession .for Ahmadi women

:Question 7

A Nasirah asked what to do when teachers present incorrect teachings about Islam in .school, and students lose marks for writing the correct beliefs

Huzoor (may Allah be his Helper) first asked whether the teachers were Muslim. Upon learning that they were, he advised that students should respectfully raise their hands during class and question such statements. They should politely point out that what is being taught .is incorrect and ask for clarification

He suggested presenting evidence, such as references from Hadith, including those which mention the coming of the Promised Messiah (as) as a prophet of Allah, and asking the teacher to explain their meaning. This would encourage discussion and require the teacher .to respond thoughtfully

Regarding the allegation about the age of Hazrat Aisha (ra), Huzoor (may Allah be his Helper) explained that such claims were often raised by opponents of Islam. He stated that according to research, her age was approximately 13 or 14 years, which was consistent with the customs of that time, and that the marriage took place with her consent and that of her family. He advised students to study reliable sources, including books such as The Life and Character of the Seal of the Prophets and writings of Hazrat Musleh Maud (ra), and to use well-researched arguments when responding. Huzoor (may Allah be his Helper) emphasized that faith should take precedence over worldly matters. If a student is penalized for writing the truth, they should remain steadfast and not compromise their beliefs. True commitment to faith means standing firm upon what is right and avoiding falsehood.

He further advised that if a teacher responds harshly or refuses to address valid questions the matter can be respectfully brought to the attention of the head teacher, explaining that incorrect information is being taught and that questions are not being properly addressed.

:Question 8

A Nasirah asked whether Muslims should migrate if war breaks out and which countries would be safer.

Huzoor (may Allah be his Helper) explained that in today's world, no country can be considered completely safe. Even Muslim countries and regions around the world face threats of conflict, and instability exists in many places. He mentioned that while some countries may be relatively safer than others, overall uncertainty remains everywhere. He further explained that even countries like Finland are not entirely free from potential threats. Therefore, rather than relying solely on migration, the true solution is to turn towards Allah the Almighty and pray for protection. He emphasized that prayer is the most important means of safety.

:(Question 9 (Lajna

.A Lajna member asked about stopping medication due to long-term use and side effects. Huzoor (may Allah be his Helper) advised her to continue taking her medicines and prayed that May Allah bestow his grace.

:(Question 10 (Lajna

A Lajna member asked whether a regular worldwide arrangement could be made to pray behind Huzoor (may Allah be his Helper) specifically for peace. Huzoor (may Allah be his Helper) explained that during Jalsa and various gatherings, many people already join in silent prayers with him. However, formal congregational Salat in such

.a global arrangement is not feasible

He emphasized that prayers for peace, the Muslim world, and humanity should be made regularly, not limited to a specific day. Individuals should pray in their daily five prayers and ,during gatherings. When people say “Ameen” to his prayers, they are included in them .which is sufficient

:(Question 11 (Lajna)

A Lajna member asked how to effectively do tabligh when non-Ahmadi women agree with .Islamic teachings but are not inclined towards religion

Huzoor (may Allah be his Helper) advised that one must first set a personal example by building good relationships and forming close friendships. He emphasized that true tabligh is to demonstrate the teachings of Islam through one’s conduct, you must be illustrating the true teachings of islam through your example and that is enough.He explained that tabligh means conveying the message of Islam through practical example. When others—whether non-Muslims or non-Ahmadi Muslims—observe someone sincerely acting upon the true teachings of Islam, they are naturally drawn closer. Over time, this creates a gradual and positive impact. As a result, they begin to realise that you are on the right path and may feel inclined to follow it, or at the very least, their opposition will decrease. Huzoor (may Allah be his Helper) further stated that while Allah has instructed Ahmadi to carry out tabligh, guidance and acceptance are in the hands of Allah the Almighty. It is not your task to make others accept Ahmadiyyat. Rather, every Ahmadi should strive to present such a virtuous and sincere example that others come to recognise that Ahmadi truly follow the teachings of Islam

He concluded that tabligh is not measured by the number of bai’ats. When Allah the Almighty finds people to be sincere and pure-hearted, He Himself guides them and opens .their hearts to accept Ahmadiyyat; otherwise, it will not happen

Report: Meeting with Appa Jan (Wife of Beloved Hazoor May (Allah be His Helper

A session was held on Sunday, 29th March, with Appa Jan, where Lajna had the opportunity to ask questions and share experiences. The discussion focused on guidance for Lajna regarding competitions, interaction with office bearers, tarbiyat and involvement in Jamaat-related activities

Key Points Discussed: Guidance on Tarbiyat

When asked for advice regarding tarbiyat, Appa Jan advised following; the guidance given by Beloved Hazoor, Participation in Competitions, Lajna who has been securing positions for several years can continue to participate. If a Lajna has been receiving 1st position for 3 consecutive years, she may still participate but will not be awarded a prize or position

:Interaction with Office Bearers

Lajna should not feel upset if contacted by office bearers for Jamaat work. It is natural that not every Lajna will be contacted frequently. Maintaining personal contact is encouraged, but excessive expectations should be avoided

Guidance for Nasirat

A question was raised regarding Nasirat who may feel parents are wrong because of teachers or cultural influences. Appa Jan responded that parents are right, as they know what is best for their children. Nasirat should trust their parents guidance while balancing other inputs carefully

Use of Prayer Area

Appa Jan clearly guided that the prayer area should be used only for offering Namaz. No food or other activities should be allowed in this space. The sanctity and respect of the prayer area must be maintained at all times

Sharing Experiences

Lajna shared past contributions, including: Participation in Lajna Hall activities. Contributions of relatives who have worked with Appa Jan

In the Presence of Huzoor: Reflections & Feelings

Fayzia Nayaab

Alhamdulillah the meeting went really well. Everything was very nicely organized and the overall environment felt very positive and spiritual. Meeting huzoor was a truly blessed and memorable experience for me. I learned a lot from it and felt an increase in our imaan as well. JazakAllah for arranging such a beautiful program

Sharmeen

Apny payaary hazoor se baat krny se pehly bht dar lg rha tha. Mgr jb payary hazoor saamny aaty to bilkul b dar nhn lga. Hazoor ko dekh kr bht khushi ho rhi the or dil kar rha tha k hazoor saamny bethy rahen or hum dekhty rhen. Or dil kar rha ha k hum phr jaen or hazoor .ko dekhen

Rehana Kokab

Alhamdulillah, we were blessed with the great honour of meeting Huzoor (may Allah be pleased with him). This was truly a spiritually uplifting and unforgettable experience for us. During this blessed meeting, we were granted deeply insightful and satisfying answers to our questions, which filled our hearts with peace, clarity, and comfort. The love, compassion and .guidance of Huzoor left a profound impact on us

Every moment of this meeting was filled with a special sense of spirituality and divine light .which strengthened our faith and brought us closer to our religion

Saba Zafar

First meeting with huzoor and I was very emotional experience for me I see blessings of Allah .when I see huzoor's face.. I prayed all the that we all get all blessings

Mubashira Naseem

.It Was Rohani atmosphere and I feel that I want to live here in front of huzoor forever

Mehak

During this whole meeting, I had this kind of feeling which can't be explained in words but one thing is for sure the amount of noor hazoor had on his face, it was really hard to get a clear view of him. And when I had the opportunity to do my introduction, I felt amazing that .huzoor asked about me

Amatul Rafe

We see noor on huzoor face and I feel that I have prayed in meeting it will be accepted inshAllah

Evelina

Amazing experience meeting with Huzoor .Great honor for us.. that Hazoor aba care about all the members of our community answering our questions giving us time great honore and pleasure to meet him

Zunera Zunash

I can't explain my feelings my in words. When I saw Beloved Hazoor at first view my whole body was shaking and was very difficult to control my tears

Khalida Shamem

I'm unble to say something. I could not explain that I worked in nusrat jahan academy in Pakistan. And I'm working here but couldn't explain when beloved Hazoor asked. I can't explain my feelings. JazakAllah

Fizzah Imaan

It is beyond words I was feeling it was unreal and I really wanted to say about dua but I forgot every ting when I saw beloved Hazoor. JazakAllah

Sadia Mubashira

I wanted to say to Hazoor that I am not tired from doing Jamat khidmat. As I did jamati khidmat gor last 10 years. But I forget how to explain when Hazoor asked me. I also wanted to say for dua for my parents but I forgot it JazakAllah

Naseem Akhtar

I can't explain my feeling when I saw Hazoor in front of me. I have goosebumps. I was afraid before Hazoor aba but after seeing him I became so calm that it was like a magic. It was my life's the most beautiful experience. JazakAllah

Dua javed

The experience wast beyond the words. Beloved Hazoor explained our question in a very nice way and made us comfortable. And alot of prayers to beloved Hazoor

Asma Basharat

I can not explain my feeling as it was my second mulaqat with beloved Hazoor but I could not still explain my feelings to him. The most emotional moments for me was when I requested beloved Hazoor for dua request for my son and I stared crying. JazakAllah

Sibgha tul Noor

It's my first experience and actually very tough for me and I got very emotional when beloved Hazoor answered my daughters question that your parents are always right and listen to them always. I told Hazoor that my son is a big fan of you. JazakAllah

Dua samana Ijaz

When Hazoor gave me the answer I was satisfied with it. And will try my best to obey my parents .InshAllah JazakAllah

Nomana Mudassara

This was a very special moment for my whole life. Which I can not explain in my words. It was very untiringly experience. JazakAllah

Kafia Ahmad

These moments have been long awaited and went by just as fast i cant thank Allah enough for giving this opportunity to lajna finland

Nargis younus

I am 70 years old hon and I am bewah of(sheikh younus) from lahore .I feel that this is my life's most precious moment in 70 year's of life and this I can't express in words .My all happiness are one sided and this experience is at another level

Nudrat Fariha

I feel like I was looking at noor and I prayed that Allah I can't say a word in front of Huzoor but I believe that surely Allah listen my dua and huzoor said to everyone Allah fazal karay is enough for me too

Munaza Zafar

As a child I always used to watch waqfe nau class on TV in Pakistan and I used to pray to attend Hazoor class, and today my prayer got accepted for the 1st time. I was blessed to meet

Hazoor in person in lajna and nasirat class Finland. It's an unforgettable and blessed experience of my whole life. JazakAllah

Maryam

I felt very nervous and happy. May Allah bless our beloved Hazoor

Hamda Jerry

I was very emotional from inside and happy but with help of God I got all my answer. My feelings have no words. JazakAllah

Adeela Ahmad

Before the mulaqat I was excited but when after mulaqat when I saw Hazoor he used to look .small in TV but in real he look big. And I was very happy. JazakAllah

Sabiha Rehman

Today I want to express that for the very 1st time I had a opportunity to see Beloved Hazoor so closely. Today I truly realize how blessed I am that the despite of the limited time Hazoor graciously gave me the opportunity to ask the question but class was alot finished. And I was waiting in a line to ask a question as Hazoor was about to leave he graciously gave me the opportunity to ask a question. JazakAllah

Aalia Kanwal

Asslamolaikum wa Rahmatullahi wa Barakatuh

I find it very difficult to express this in words. I can only say: May Allah always enable us to remain loyal to Khilafat and grant us the ability to uphold a bond of true faithfulness with it, and may we always be among its sincere and devoted followers. Ameen, Summa Ameen

Sadia azqa rehman

,Assalamu Alaikum wa Rahmatullahi wa Barakatuhu

The joy I experienced from meeting our beloved Huzoor is something I cannot fully express in words. The time spent in his presence was truly precious and rare, and I am deeply grateful to Allah Almighty for granting us these blessed moments. Overall, the trip to the UK was wonderful in every way. I had the opportunity to spend quality time with my friends, which made the experience even more special. The moments spent at Baitul Futuh Mosque were beautiful, and every moment at Islamabad Mosque was truly heart-touching

Especially the times when we stood waiting to see Huzoor before prayer, those moments will always remain close to my heart. I pray that Allah grants us the chance to visit the UK again soon, so we may once again have the honor of seeing Huzoor and collecting more blessings

Nida ur Rehman.

Asslamo Alaikum wa Rahmatullahi wa Barakatuhu

I was really excited to go for mulaqat and meet our beloved Huzoor, and the whole trip was truly amazing. I also learned many interesting things about Islamabad and Baitul Futuh, which made the experience even more meaningful. The mulaqat with Huzoor was an incredibly honorable opportunity, and i feel truly blessed that I was able to see him and even ask a question. After the mulaqat, I felt a little overwhelmed, but in the most beautiful way, filled with gratitude and blessings

Free Iftar Box Distribution Report

During an Amla meeting, it was suggested that in the blessed month of Ramadan, free Iftar boxes should be distributed to non-Ahmadis. This suggestion was accepted and the event was planned accordingly.

For this purpose, donations were collected from Lajna Imaillah Helsinki.

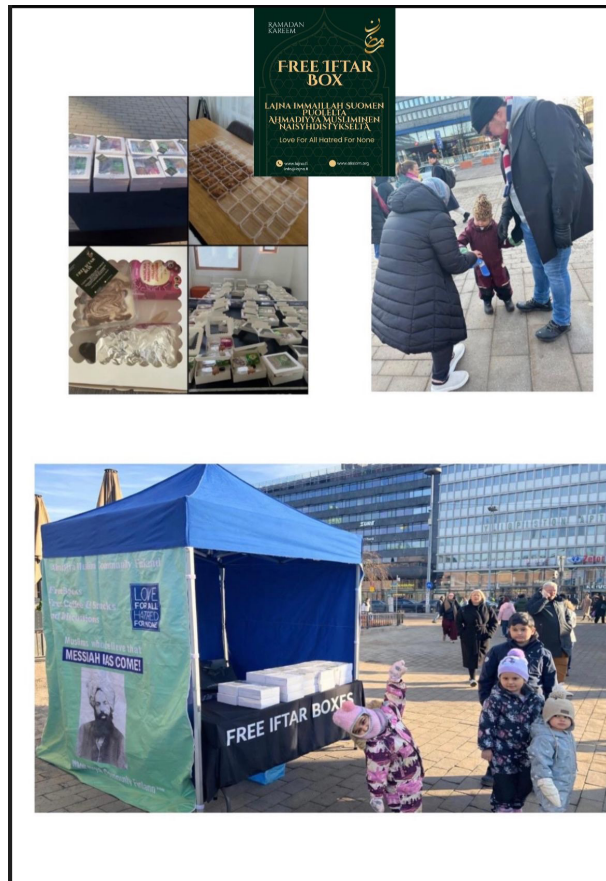
On 8 March 2026, Lajna members were assigned duty to prepare the Iftar boxes. Six Lajna members participated in preparing and helping with the boxes.

After preparation, a Jamaati tent was set up in Helsinki city center, where 3 Lajna and 4 kids distributed the free Iftar boxes to the public.

Alhamdulillah, by the Grace of Allah Almighty, a total of 50 free Iftar boxes were distributed. During the distribution, people also asked questions about the Jamaat, and these questions were answered. Contact numbers of Jamaati office bearers and the Jamaat's website were also shared with interested individuals. In total, four people were provided with the contact details and website information.

Prior to the event, permission for setting up the tent and conducting the activity was obtained from the City of Helsinki. The event was also approved by Sadr Sahiba Helsinki and National Sadr Sahiba.

Tabligh Secretary Helsinki
Faizia Nayaab



Majlis Helsinki Get Together

Date, Time & Venue; Date: 01.02.2026, Time: 12:00 PM

Venue: Sports Hall, Piianpolku 5-3 C, 00410

Purpose of the Event

The purpose of the get-together was to strengthen sisterhood among Lajna members and to extend a kind and welcoming gesture to non-Ahmadi guests. Another objective was to provide a comfortable environment where guests could ask questions, if they wished

Participation: Total Lajna members: 30, Lajna members attended: 8, Non-Ahmadi guests: 2.

Children attended: 9

All Lajna members were invited and requested to bring one dish of their choice to share

Program Details

The program began with a shared meal, which created a warm and friendly atmosphere. After the meal, Namaz was offered collectively. Following Namaz, a light activity session was arranged in which riddles were played by dividing the participants into two teams. Both Lajna members and non-Ahmadi guests, along with the children, participated in the games and enjoyed the activities. The purpose of this session was to help guests feel comfortable and included



Majlis Helsinki
Get-together



01.02.2026

شعبہ صنعت و دستکاری - نیوز لیٹر رپورٹ

شعبہ صنعت و دستکاری کو یہ بتاتے ہوئے خوشی ہو رہی ہے کہ اس کی نگرانی میں ایک نہایت مفید اور دلچسپ کلاس کا انعقاد کیا گیا۔ اس سیشن کا مقصد کروشیہ (crochet) کی مہارتوں کو فروغ دینا تھا، جس کے ذریعے شرکاء کو اس خوبصورت ہنر کو سیکھنے اور اس کی مشق کرنے کا موقع فراہم کیا گیا۔ تمام شرکاء نے بھرپور جوش و خروش کا مظاہرہ کیا اور کلاس میں حصہ لیا۔ ان کی محنت اور دلچسپی نے اس سیشن کو کامیاب اور خوشگوار بنا دیا، اور سب نے اپنی مہارتوں کو بہتر بنانے کے لیے پوری لگن سے کام کیا۔ کلاس کے دوران، کئی شرکاء نے اپنی تخلیقی صلاحیتوں کا اظہار اپنے کام کے ذریعے کیا:

ندالرحمن (ناصرات معیار اول) نے کامیابی کے ساتھ ایک خوبصورت کروشیہ بیگ تیار کیا۔ سعیدہ عظمیٰ الرحمن (ناصرات) نے کروشیہ کے دستانے اور دیگر ہاتھ سے بنائی گئی اشیاء تیار کیں۔ اور ریحانہ کوکب صاحبہ (لجنہ) نے اسکارف تیار کیا۔

عملی سیشن کے علاوہ، روایتی پکوانوں یعنی شیر خرما اور کھنڈی حلوہ کی تراکیب کا ایک لنک بھی لجنہ ممبران کے ساتھ شیئر کیا گیا، جس نے اس سرگرمی میں ثقافتی اور ذائقہ دار پہلو بھی شامل کر دیا۔

شعبہ آئندہ بھی اس طرح کے مزید سیشنز کے انعقاد کا خواہاں ہے تاکہ شرکاء میں مہارت، تخلیقی صلاحیت اور باہمی روابط کو فروغ دیا جاسکے۔



شعبہ صنعت و دستکاری
نرگس یونس



Sehat Jismani Department – Report

The Sehat Jismani Department continues its efforts to promote physical fitness and a healthy lifestyle among Lajna members. Every month, specific targets are set to encourage regular physical activity and to help participants stay active and fit

Physical fitness is not only one of the most important keys to a healthy body; it is the basis of dynamic and creative living

Alhamdulillah, Lajna members actively participated in the recent Walk Challenge with great enthusiasm and dedication. Their commitment to achieving their fitness goals is truly commendable

The results of the Walk Challenge are as follows

First Position: **Sana Khaliq**

Second Position: **Afshan Mashood**

Third Position: **Nargis Younis**

The department looks forward to continued participation and success in future activities aimed at improving health and well-being

Report prepared by

Sehat Jismani Department

Shazia Qayyum